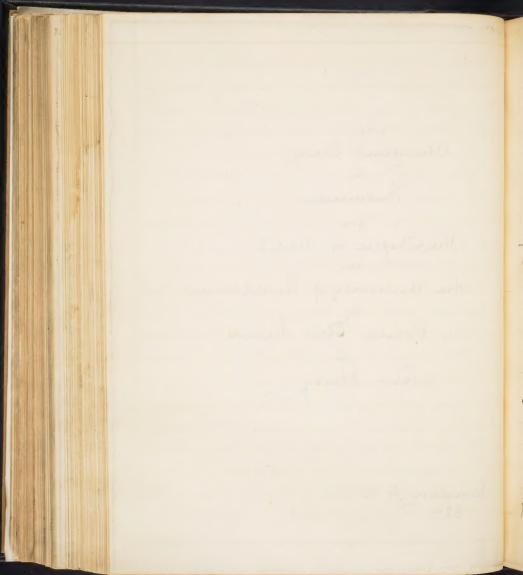


An
Inaugural Essay
on
Bulwer's
for
The Degree of M. A.
in
The University of Pennsylvania
by
Charles Reis Junior
of
New Jersey

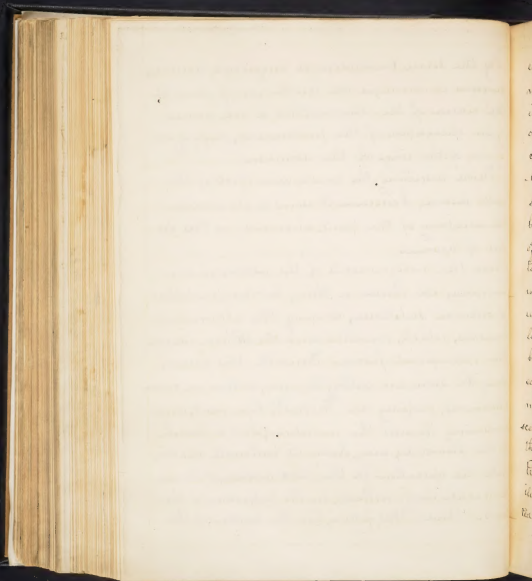
January 4th
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By the term, *hernia*, or *inguinal hernia*, surgeons understand the protrusion of some of the viscera of the abdomen, into a sac, formed by an elongation of the peritoneum, passing out of one of the rings of the abdomen.

Before describing the causes, and effects of the above disease, I conceive it requisite, to describe the anatomy of the parts, concerned in this species of hernia.

After the integuments of the abdomen are removed, we observe a thin, but compact sheet of cellular substance, covering the abdominal muscles, which, modern anatomists have named the superficial fascia. Beneath this fascia, may be seen an artery, termed, *arteria ad eum abdomenis*, passing over Poupart's ligament, and running towards the umbilicus; it is a branch of the femoral; and, from its intimate relation with the operation for the above disease, it should be particularly noticed, in the dissection of the parts. Under this fascia, lies the tendon of the



external oblique muscle, the doubling of the lower
 margin of which, constitutes Poupart's ligament;
 it takes origin from the anterior, superior, spine
 of the ilium, and, is inserted into the body and
 crest of the pubis: the last insertion is called Gim-
 bernath's ligament; as it approaches this bone, it
 splits into two columns, leaving a triangular space
 between, called the external abdominal ring, out
 of which, emerges the spermatic cord. When the
 tendon of the above named muscle is removed,
 we bring into view the internal oblique muscle,
 which arises from the iliac, or, outer half of Poupart's
 ligament, and, is inserted into the pubis, just
 behind the external abdominal ring. From the
 edge of this muscle, in part, arises the cremaster
 muscle, which covers the spermatic cord, and de-
 scends with it into the scrotum. After removing
 the internal oblique, we bring into view the --
 Transversalis muscle, which arises, also, from the
 iliac half of Poupart's ligament, and is also in-
 serted into the pubis, in company with internal

oblique; it does not cover so much of the cord; as the last named muscle. The above named muscles cover the abdomen, and assist in supporting the viscera; from the manner, in which, the two last are formed, this support would not be sufficient; were it not for an additional structure of condensed cellular substance, interposed between the muscles and peritoneum, which is the fascia Transversalis. In this fascia, about midway between the anterior superior spine of the ilium, and symphysis pubis, an opening is made, by the passage of the cord, called, the internal abdominal ring; at the inner side of this ring, we find the epigastric artery; -- which, therefore, runs between the two abdominal openings. From the above account of the anatomy of the parts, concerned in this circle, it appears, that there ^{are} two rings on each side of the abdomen; the external, formed by the splitting of the tendon of the external oblique, and the internal, by the above mentioned opening in the fascia Transversalis. - - - -

To make this structure more intelligible, it will be necessary, to recollect, that these rings are distant from each other, in an adult person, about one inch and a half; the space between is called the abdominal canal, for the passage of the spermatic cord. This cord enters the internal ring, passes obliquely downwards, and inwards, under the edges of the internal oblique, and transversalis, untill it reaches the external ring, when, its course is more perpendicular, passing into the Scrotum.

If we reflect for a moment, the reason is very obvious, why, the cord does not perforate the internal oblique, and transversalis muscles; as, they are deficient or wanting, from the inner half of Deschamps's ligament, to their insertion. If a dissection be made, of the coverings and contents of an inguinal hernia, the parts will be presented in the following order; the integument; the superficial fascia; the cremaster muscle; and, the hernial sac, which contains the protruded parts. Inguinal hernia is more common, than either of the other species; occurring, mostly, in the Male sex:

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and, also more frequently, on the right side: it is converted into, reducible, irreducible, and strangulated or incarcerated. The reducible is that state, in which, the protruded parts are easily, returned by the patient. By the irreducible, we understand, a permanent protrusion; resulting, either, from the bulk of the parts, or, from adhesions between the sac and its contents. By strangulated, we mean that state, in which, the parts are confined by a stricture, producing the most alarming symptoms until that stricture be removed.

Hernia also receives different appellations, according to the contents of the sac. If it contain intestines, it is called, an enterocoele; if omentum, epiploecoele; and, if both unite to form the tumour, it is styled, an enter-epiploecoele. Every hernia is furnished with a sac, which is, merely an elongation of the peritoneum, pushed before the protruded vessels. Surgeons have divided it, into the mouth, neck, and fundus. That portion, communicating directly with the abdomen, is its mouth; the part, immediately surmounted by the varicose of the ring, is called the neck; and,



the lower extremity, its funding. The causes of hernia are either predisposing, or exciting; the former are a preternatural laxity of the parts, and a hereditary conformation. The exciting causes are over-exercise, as running, jumping, lifting or carrying heavy weights, &c, by vomiting, or long constipation, or, by blows on the abdomen, also, by straining at stool, ~~frustration~~ all these would be more apt to produce a rupture if the abdomen should happen to be distended at the time the injury was received. Symptoms:

The reducible hernia may be known, by the tumor being smaller in the recumbent, than in the erect posture; by the patient's being able to return the protruded part into the abdomen, upon placing himself on his back; and by the swelling increasing after eating, or when he is flatulent.

The contents of a reducible hernia may be ascertained by the following circumstances; if the surface of the tumor be uniform, and elastic to the touch, if tense and enlarged, when the patient coughs, and the contents pass into the abdomen at once,



with a peculiar noise, it is then known to be intestinal, and, is called an *Enterocele*. If the tumor, on the contrary, imparts to the finger, a doughy sensation, is flabby, and uneven on the surface, and, the parts pass up gradually, and with difficulty, the case may be considered, an *Epiplocele*. If next the contents slip up with a gurgling noise, leaving behind something, which is, with difficulty, returned, then, we style it, an *Enteroepiplocele*.

Inguinal hernias may be mistaken for Hydroceles, or Varicoles: it may be distinguished from the former, by the tumor always commencing at the lower part of the scrotum, and, gradually, ascending towards the abdominal ring; while hernias, always, commences above, and ascends into the scrotum. But, with the latter, a Varicocele, our diagnostics are not so clearly pointed out; as the tumor, in either, commences above at the ring, and also appears in the erect, but utans in the recumbent position, the same as reducible hernias; our only diagnostic, is, to place the patient in the



horizontal posture, and empty the scrotum by well directed pressure, then place a finger firmly on the upper part of the ring, and against the patient's force; if it be hernia, the tumour cannot reappear; but if encephalic, the swelling returns with increased size, owing to the return of blood into the abdomen through the veins, being prevented by the pressure. An irreducible hernia may be ascertained, by the patient's not being able to return the protruded part, either, from the adhesions between the sac and its contents, or from an enlargement of the protruded part. The symptoms of strangulated hernia are, generally, very strongly marked; such as, sickness of the stomach, pain in the abdomen, retching, and vomiting, hiccup, and a severe pain in the tumour. In the more violent cases, bilious and stercoraceous matters are thrown up, with a quick hard and corded pulse, tongue various, sometimes furred, at others, clean and natural.

If the stricture is not speedily removed, the vomiting is exchanged for a convulsive singultus, and the pulse becomes small, thready and interrupted;



The skin is cold and moist; the eyes have now a languid
 and glassy appearance; and the whole aspect of the
 countenance is changed; the pains in the lumbar
 subside; the skin loses its natural colour, and becomes
 livid; and the patient flatters himself, that a shon
 tumour cure has taken place; but, this pleasure is
 of short duration, for the singultus and cold sweat
 increasing with violence, death soon closes the lingers.
 We are very frequently deceived by patients, particularly
 females, denying the existence of any tumour, and
 are led to believe the disease to be colic; such is the
 similitude between this affection and inguinal
 hernia, that when we are called to a patient,
 labouring under severe pains in the abdomen, attended
 by sickness ~~and~~ vomiting, which do not yield to a/propos
 remedy, we ought always to suspect hernia, and
 request an examination, and, not infrequently, a
 concealed tumour will be detected. Patients, very
 frequently, have a discharge from their bowels soon
 after the party become stranguary, which may lead
 us to believe, the intestines has slipped into the



abdomen; but this is nothing more than the discharge
of the feces contained below the stricture part.

Treatment

The only treatment, to be relied on in a reducible hernia,
is a truss, made either by Mr. Wright of Liverpool, or
Mr. Hull of New York, to be worn day and night.

The treatment in irreducible hernia is, merely to
support the protruded part from hanging down, and
becoming more inconvenient; which may be accomplished,
in an appropriate bag Truss. In the treatment for strain
guinea hernia, the primary object is to replace the
protruded part as soon as possible, when called to a
patient labouring under this disease, we must be
guided by the present symptoms and appearances.

If it be a strong adult patient, I would recommence
manoeuvres, immediately, and copiously; then, make
use of the Taxis, which is nothing but appropriate
pressure with the fingers, and sometimes thigh.

After placing the patient in the recumbent posture,
with his head, shoulders and knees elevated, and his
thighs flexed on the pelvis, so as to relax the abdominal



muscles and fasciae; then embrace the tumour with one hand, while, with the thumb and finger of the other placed a just above the ring, move them from side to side, kneading gently, in a manner, the tumour, and at the same time, make gentle but steady pressure, with the first mentioned hands; these efforts must be made in the course of the canal, which is upwards and outwards; all this not succeeding in the course of thirty minutes, I would next put the patient in the warm bath, and after he had remained some length of time in that situation, then resume the taxis while the patient is still in the bath; This also failing, the next step is, to apply cold application to the tumour, the best of which, is Peruvian ice, placed in a bladder, and put on the tumour, taking care not to freeze the parts; this not being convenient, we might substitute the powdered muriate of ammonia, and mix it with 10 lb of water; this application is to be made, with daily friction in this solution, and frequently applied to the tumour, then resume the above mentioned taxis; this not succeeding, I would recommend the operation,



believing it to be less dangerous than the tobacco-remedy,
it early resorted to.

Before describing this operation, perhaps it may not
be amiss to give the ancient method: We are told
by Celsus, and Heister, that, in the time of Celsus,
the surgeons never performed the operation without
cutting out the testicle, or injuring its function.

Some surgeons, after cutting with one stroke of the knife
down to the sac, would pass a ligature around it,
and cut the sac off, together with the testicles.

Others, after cutting to the sac, would apply the
actual cautery to the part where the intestine came
out, to unite the scrotum and pull closely together;
to prevent a return of the rupture. Others would pass
a large needle, armed with a strong ligature, through
the scrotum, and then, placing to them the upper
and inferior ends a large piece of wool, draw
the ligature tight around the whole, every day until
the parts sloughed off. Others, after cutting into
the sac, would fill it with the whites of eggs, and
continue so to do, every day, until the wound healed.



Yet nature, notwithstanding all these cruel and
harmful operations, would sometimes, & even now.

But surgery of the present age is founded on
anatomical knowledge, and the operation, as
performed by a more scientific, skillful, and an-
atomical hand.

The Modern operation is per-
formed in the following manner

After placing the patient on a narrow table
of a convenient height, with his legs hanging
over its edge, and each foot placed in a chair,
the surgeon, takes the most convenient station,
and grasps the tumor with one hand, then
with the scalpel in the other, makes an incision
through the integument, commencing at the
upper part of the tumor, and extending it
downwards to its base: this exposes the superficial
fascia, which is to be divided in a careful manner
by successive touches of the knife. In dividing this
covering, the small cellular artery, formerly closed,
is generally cut, which may require a ligature as



The hemorrhage should always be commanded as we proceed: This brings us to the external muscle, the fibres of which are to be carefully cut untill we arrive at the sac; by pinching them up with our fingers, or forceps, and dividing its fibres with the knife. The next step of the operation is to be performed, by separating the sac from the intestine, and making a horizontal incision, at which a quantity of plasma generally escapes, either intestine, or omentum, or both appear at the wound, this opening is to be enlarged, and the protruded parts examined, and if found in proper condition, to be returned into the abdomen; a finger of either hand may be introduced between the sac and protruded parts, to search for the stricture, which will either be found at the external ring, the internal ring, or the mouth of the sac: After ascertaining the point of stricture, smearing, by appropriate medicine with the finger, the protruded parts may be returned without concerning the stricture.



But, if this fail, the Surgeon introduces a probe pointed, bistoury on his finger, with the flat-side between the sac and its contents, until it reaches the stricture; he then turns up the cutting edge of the instrument, and divides the stricture directly upwards, to avoid the Esophageal artery; sometimes, a very small incision will be sufficient, to liberate the part. As soon as this is accomplished, gentle and appropriate pressure will restore the protruded part, unless the intestine be confined by a membranous band; in that case, the gut should be drawn down, and the band carefully divided. The integuments are to be brought together, and retained by adhesive plaster, and a recumbent posture to be strictly enjoined during the cure; after which, a truss is to be worn constantly, to prevent a return of the part. Some Surgeons recommend the truss to be put on during the healing of the wound, to glue the sides of the Sac together, and prevent a return of the hernia, afterwards. If the patient remains active, some

gentle laxative may be given, and its operation
 assisted by a mild glyster.

We should not delay the operation too long; as a
 general rule, twelve hours are sufficient to try all
 the preceding remedies; also, the smaller the
 hernia, the more violent the symptoms; and the
 greater the danger of delay; neither should we
 be deceived by a discharge of feces or flatus, and
 flatter ourselves, as the patient, that the stricture
 has given way spontaneously, as this is the
 contents of the intestines below the stricture
 part, which is discharged by the stimulus of
 the stricture.

